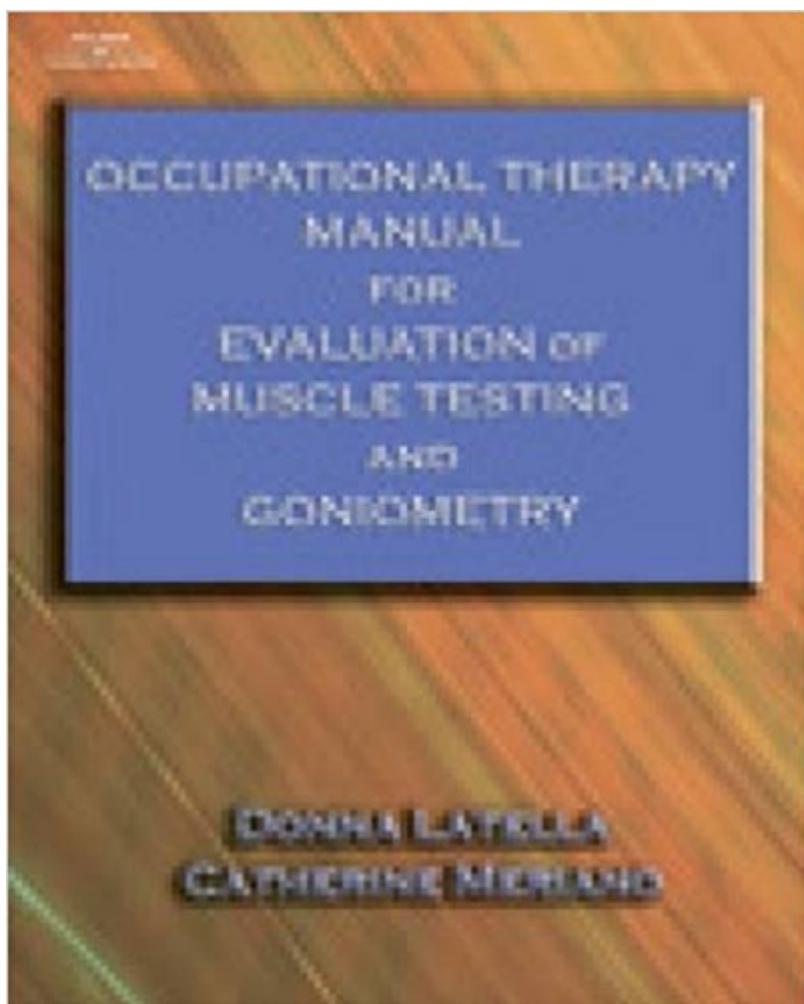


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# Occupational Therapy Manual For The Evaluation Of Range Of Motion And Muscle Strength



## **Synopsis**

This occupational therapy manual instructs students in the use of assessment tools when evaluating the range of motion and strength of clients, yet emphasizes the time efficiency required in today's healthcare environment. Students learn to screen clients for strength and motion deficits using functional observation and to formulate appropriate intervention plans through gross manual muscle assessment. Students also receive instruction in methods of isolated manual muscle testing and when it is appropriate to progress to this specific assessment.

## **Book Information**

Spiral-bound: 320 pages

Publisher: Delmar Cengage Learning; 1 edition (February 26, 2003)

Language: English

ISBN-10: 0766836274

ISBN-13: 978-0766836273

Product Dimensions: 8.2 x 0.9 x 10.8 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: 3.9 out of 5 stars 8 customer reviews

Best Sellers Rank: #21,469 in Books (See Top 100 in Books) #4 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Occupational & Industrial Medicine #5 in Books > Medical Books > Medicine > Internal Medicine > Occupational #30 in Books > Textbooks > Medicine & Health Sciences > Allied Health Services > Occupational Therapy

## **Customer Reviews**

Teaching occupational therapy students to evaluate clients using manual muscle testing and goniometry, this manual emphasizes the need to combine procedural knowledge of functional observation and gross and isolated muscle testing with flexibility and higher clinical reasoning. Some 350 black and white photos detail manual muscle testing step by step. The authors teach occupational therapy at Quinnipiac University. - Book News Inc. This manual is an easy to follow guide for the evaluation of range of motion and muscle strength. This spiral bound book contains three chapters covering goniometry, gross manual muscle testing, and isolated manual muscle testing and appendixes for muscle tables, range of motion tables, and sample evaluation forms. The purpose is to provide the students preparing to enter a clinical setting with formal instruction techniques. The content and structure is user friendly. This book offers functional examples of muscle movements to be observed by the students to relate in a clinical setting. The book

designates icons that are used throughout the book, which guide the students through specific areas for caution and ASHT guidelines. This is a useful book for the novice student as well as a quick review for the practicing therapist. - (Doody's Review) Mary D. Groves, B.S. from Kaiser Permanente

Assistant Professor in the Department of Occupational Therapy at Quinnipiac University Associate Professor in the Department of Occupational Therapy at Quinnipiac University

Looked brand new and came before the class started!!!

I think this book is very useful, I used it as an OT student and still keep it in my office as a reference for MMT and ROM testing. It has easy to understand instructions with good pictures.

VERY Good. Very Clear! Great pictures!

just as it stated very helpful with the movements and great study tool nice pics and easy to follow instructions.

Great book!

What a poorly written manual. The convoluted instructions are often times make murkier by the discombobulating fact that the example pictures don't always match the written material. I don't know if the problem was editing or authorship but this manual needs to get some serious rehabilitation.

Nice source for ROM and MMT (both group and individual) for occupational therapists. I especially like the ASHT variation guidelines which were included. Many OT sources do not have complete or clear "group" muscle testings, this book did. It also had clear and "to the point" explanations of purpose of each testing procedure. Pictures of "gravity lessened" muscle testing procedures would be helpful. Commend the authors!

Beware OTs! I am an OT Doctoral Student and we were assigned this textbook for use in a Kinesiology course. It is filled with errors. Pictures are with the wrong muscles or muscle tests,

information is inconsistent, there are serious errors with the descriptions of some muscles, etc. etc. etc. With help from our professor, we are planning to write a letter to the editor with a detailed description of each and every error. Who knows, maybe they will be embarrassed enough to give us our money back.

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